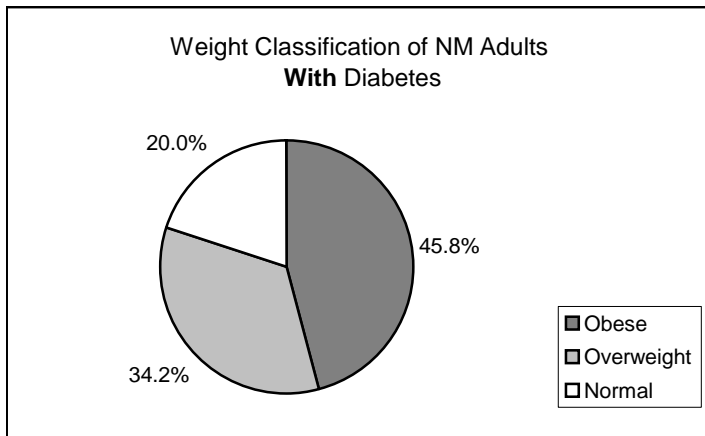
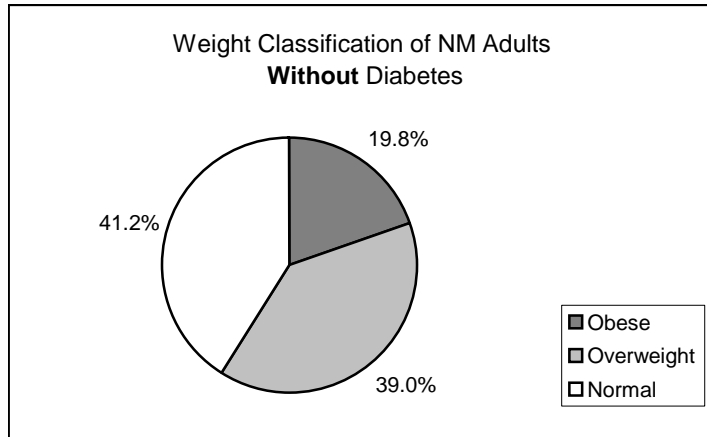


Weight Classification of NM Adults 18 Years of Age and Over by Diabetes Status

Behavioral Risk Factor Surveillance System Data (2005)

	Without Diabetes	With Diabetes
Obese	19.8%	45.8%
Overweight	39.0%	34.2%
Normal	41.2%	20.0%
Total	100%	100%



Notes:

Obese: BMI (Body Mass Index) of ≥ 30 kg/m²

Overweight: BMI of ≥ 25 kg/m² but < 30 kg/m²

Normal: BMI < 25 kg/m² Note: normal includes those who are underweight.

Interpretation: A higher percentage of adults with diabetes are obese (45.8%) compared to those without diabetes (19.8%). The individuals without diabetes who are overweight or obese (58.8%) are at higher risk for developing diabetes than their normal weight counterparts.